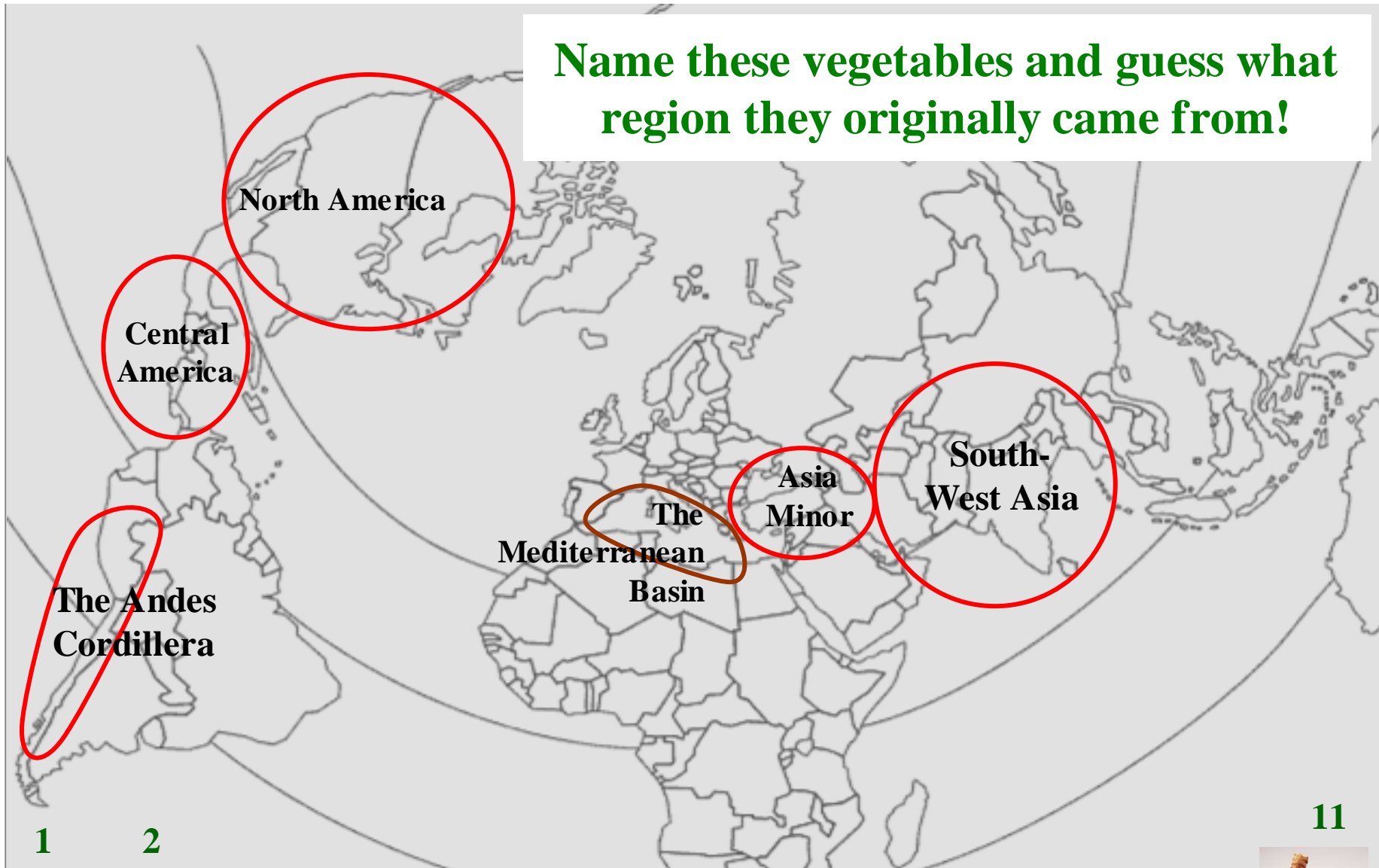
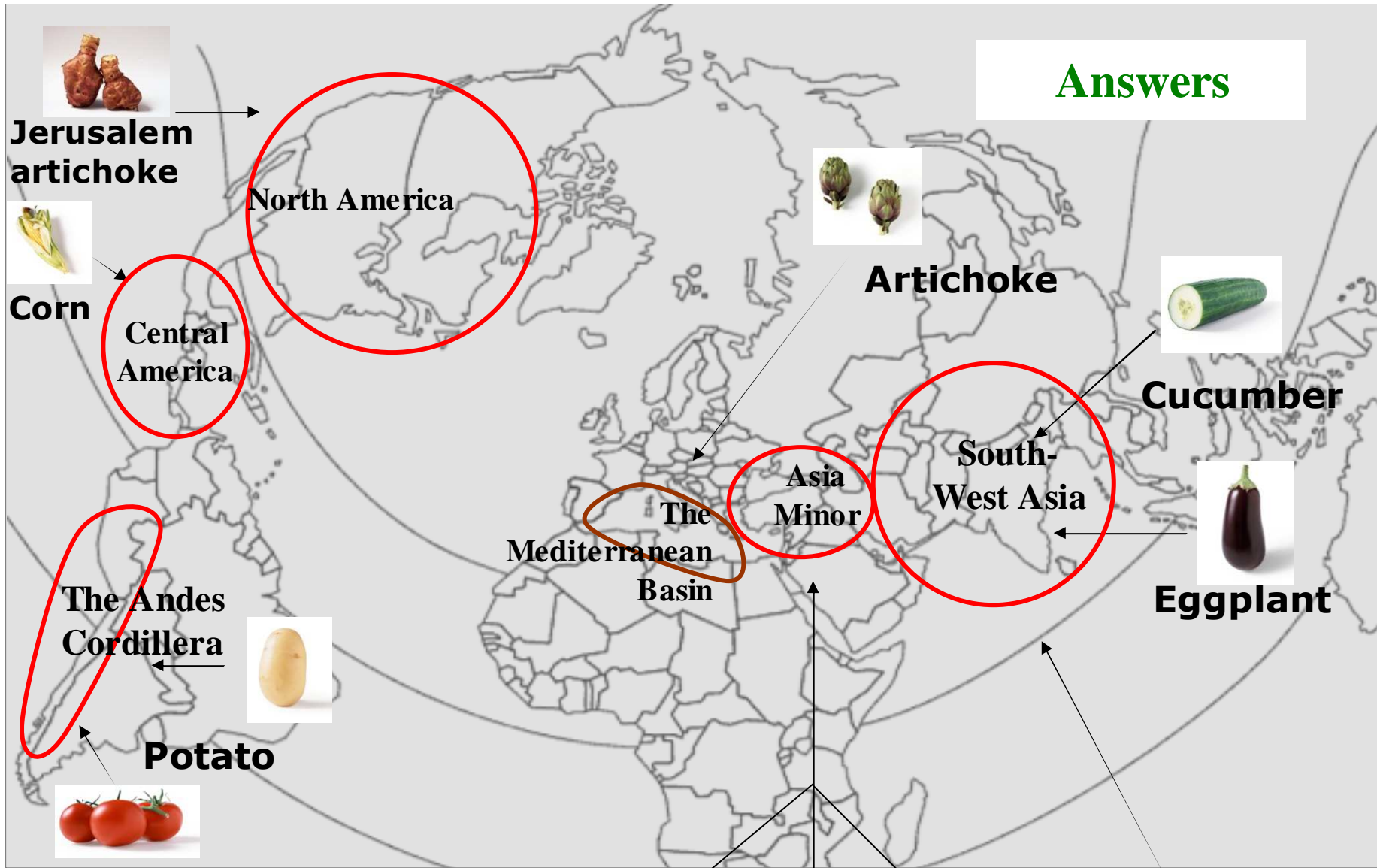


**Name these vegetables and guess what region they originally came from!**



# Answers



**Jerusalem artichoke**



**Corn**

**Central America**

**The Andes Cordillera**



**Potato**



**Tomato**

**North America**



**Artichoke**

**The Mediterranean Basin**



**Broccoli**



**Spinach**



**Carrots**



**Cucumber**



**Eggplant**

**Asia Minor**

**South-West Asia**



**Peas**





# 1/ Broccoli



- **Origin:** First discovered in Asia Minor and then imported to the Mediterranean basin by navigators.
- **Antiquity:**
  - It was cultivated in Italy, where broccoli was very popular
  - The Romans enjoyed it greatly, and changed it, giving it the shape it has today



## 2 / Potato



- **Origin:** It originates from South America, and more specifically from the Andes Cordillera. It was imported to Europe in the **16<sup>th</sup>** century by the Spanish
  
- **Generalisation of the potato:**
  - In the **17<sup>th</sup>** century it was only used to feed livestock and the destitute.
  
  - In the **18<sup>th</sup>** century, its popularity increased thanks to the communication work of Auguste Parmentier.
  
  - It is not until the **19<sup>th</sup>** century that it became a staple of our society



## 3/ Spinach



- **Origin:** It probably comes from Asia Minor (Persia or Afghanistan)
- **Middle-Ages:**
  - It was probably imported by the crusaders or by the Muslims
  - At this time it was cultivated in Spain



## 4/ Peas

- **Origin:** Its ancestor, which looked like a chick pea, probably comes from South-West Asia (the Orient, India, or Persia)
- **Start of our era in the 16<sup>th</sup> century:** The pea was eaten in dried form in the whole Mediterranean basin
- **Renaissance:**
  - It was the Dutch who started to eat the product, which is now called the pea, while still green, as of 1610,
  - The practice of eating peas while still green appeared for the first time in France when King Louis XIV asked to be sent a crate of peas to shell



## 5/ Tomato



- **Origin:** They come from the Andes Cordillera
- **16<sup>th</sup> Century:** The Spanish imported it to Europe, where it was consumed for the first time in Italy. However, at this time it had more a ornamental purpose, rather than that of an edible vegetable
- **18<sup>th</sup> Century:** The tomato started to be cultivated, but was only really consumed in great quantities after the first world war



## 6/ Eggplant

- **Origin:** It comes from India, where it has been cultivated since well before the Christian Era
- **Middle-Ages:**
  - The eggplant was introduced to Spain by Arabs, and thus cultivated in Europe for the first time
  - It also had a bad reputation, and was used as a decorative plant until the start of the 19<sup>th</sup> century
- **19<sup>th</sup> century:**
  - It was at the start of this century that the eggplant finally became a part of our diet



## 7/ Carrot



- **Origin:** It probably originates from Asia Minor, maybe Afghanistan
- **Antiquity:** The Greeks and Romans did not like it because, at this time, it had a pale colour, a hard skin, and a fibrous centre
- **Renaissance:**
  - After 1600, the first orange carrots appeared in Holland, but we must wait until the second half of the 19<sup>th</sup> century to see carrots with the orange colour and shape that we know today



## 8/ Cucumber

- **Origin:** We believe it originates from the North of India
- **Antiquity:** The Greeks and Romans cultivated it and consumed it commonly
- **17<sup>th</sup> century:**
  - It is during this period that the cucumber enjoyed real success
  - At the same time, a man named *Jean-Baptiste de la Quintinie*, the gardener of Louis XIV, started the practice of growing cucumbers in greenhouses, whereas at the time it was common practice to grow them in the open air
  - Greenhouse production is now more and more commonly found



## 9/ Corn

- **Origin:** Corn probably originates from Central America
- **Chronological history:**
  - Corn appeared in southern Europe in the **16<sup>th</sup>** century
  - It spread north a little later



## 10/ Artichoke

- **Origin:** It comes from the Mediterranean basin
- **Renaissance:**
  - 100 years after arriving in Italy, the artichoke reached Northern Europe
- **In the 19<sup>th</sup> century** an agricultural engineer from Paris created the artichoke that would go on to be the most commonly consumed in France. This artichoke is called the "Gros Camus"



## 11/ Jerusalem artichoke

- **Origin:** It comes from North America
- **17<sup>th</sup> century:**
  - The governor of Canada *Samuel de Champlain* introduced the Jerusalem Artichoke to Europe
- **19<sup>th</sup> century:**
  - It stopped being cultivated, replaced by the potato
  - We have nevertheless seen it reappear during periods of food shortages, like during the second world war